"Rotary Connects The World"

"PEDAL FOR CLEAN INDIA"





---- Mar 03, 2020 - Apr 25, 2020 ----**Covering Major Cities of India**

Jaipur - Udaipur - Ahmedabad - Mumbai- Pune - Bangalore - Chennai - Kolkata - New Delhi To promote "Clean India, Green India, Unite India"



Solo Cyclist:- Rtn. Mahesh Kumar Contact No:- +91- 9671478111, +91- 7015877214 Mail Id:- dfactor127@gmail.com

Initiated / Supported by:- Cyclofit (Delhi) & Rotary Club of Rewari Main, Rewari (Distt. 3011)

DG:- Rtn. Suresh Bhasin, AG:- Rtn. Ravi Gupta (Zone 16) President:- Rtn. Arun Gupta, Hony. Secretary:- Rtn. J P Chauhan www.rotaryclubofrewarimain.org



Partner / Associated Rotary Districts & Rotary Clubs (As on 23-March-2020) - Cyclist already crossed districts marked in Green.



1) Distt 3011:- RC Rewari Main, RC Delhi South West, RC Gurgaon South City, RC Gurgaon Qutub Enclave, RC Faridabad Aastha, RC Palwal Sanskar, RC Delhi Restoring Smiles **Governors Council**

2) Distt 3020:- RC Vijaywada East, RC Annavaram, RC Rajahmundry

3) Distt 3132:- RC Satara Camp

4) Distt 3141:- RC Borivli Mumbai, RC Boisar Tarapur

5) Distt 3142:- RC Thane Aces, RC Thane Hills

6) Distt 3051:- RC Idar, RC Dungarpur

7) Distt 3452:- RC Udaipur

8) Distt 3453:- RC Kishangarh

9) Distt 3054:- RC Jaipur, RC Ahmedabad Majesty, RC Dudu, RC Bhilwara, RC Bhilwara Solitaire

10) Distt 3060:- RC Baroda Cosmopolitan, RC Surat, RC Valsad, RC Kalanagari Baroda

11) Distt 3150:- RC Ongole Central

12) Distt 3160:- RC Chitradurga, RC Gudur, RC Kavali

13) Distt 3170:- RC Kohlapur, RC Belgaum, RC Hubli, RC Haveri

14) Distt 3190:- RC Bangalore Kalyan, RC Tumkur East



Partner / Associated Rotary Districts & Rotary Clubs (As on 23-March-2020) --- Contd...



15) Distt 3231:- RC Ambur, Rotaract Club of VIT, RC Maraimalai Nagar Angels

16) Distt 3232:- RC Guindy (Chennai)

17) Distt 2982:- RC Maa-Nagar Krishnagiri

18) Distt 3240:-

19) Distt 3250:-

20) Distt 3120:-

21) Distt 3110:-

22) Distt 3262:-

23) Distt 3250:-

24) Distt 3291:-

Will update the slide as soon as more districts and clubs will be added on route:-

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About Rtn. Mahesh Kumar



He made a difference in his ordinary life when he first decided to took a part in half marathon in 1st April of 2018, having being graduated in Bachelor of Computer Application, he is cyclist & athlete by profession.

Having started his journey around 2 year ago he till date has many accomplishments in his hand such as:-

- 1. Completed 1st Half Marathon (21.2 KM) in 2.08 hours on 1st April 2018, organized by TEAM R4 REWARI, HARYANA.
- 2. Completed Full Marathon (42.2 KM) in 6.10 hours on 10thFebruary 2019, organized by AMITY UNIVERSITY, GURUGRAM, HARYANA.
- 3. Completed 77.47 KM. distance running in Tuffman (12 hours) stadium run on 10THMarch 2019 organized by TUFFMAN 24 HOURS CHANDIGARH STADIUM RUN at TAU DEVI LAL STADIUM, PANCHKULA, HARYANA.
- 4. Have done Solo Cycling Tour from 14 march 2019 to 18 march 2019 across more than 4 Districts of Haryana from Rewari-Jhajjar-Rohtak-Hansi-Hissar- Sirsa & back to Sirsa-Hissar-Hansi-Rohtak-Jhajjar- Rewari & covered a total of 850 km in 4 days.
- 5. Participated in TUFFMAN ULTRA MANALI MARATHON OF 80 KM but due to health condition completed only 61 km running in 11:30 min at an inclined height of 2350 feet.
- Completed 2ndHalf Marathon (21.2 KM) in 2 Hours on 21st April 2019, organized by TEAM FITNESS FRIENDS REWARI, HARYANA.



About Rtn. Mahesh Kumar



7. Completed 105 distance running in Tuffman (24 hours) stadium run on 1ST February 2020 organized by TUFFMAN 24 HOURS CHANDIGARH STADIUM RUN at TAU DEVI LAL STADIUM, PANCHKULA, HARYANA

"So much to do, so less has been achieved." has always been the motto of Mahesh. He believes that health is the most important thing for a human being. While having health is wealth in mind, He has taken this small step initiative towards a brighter future for the coming generation of India.



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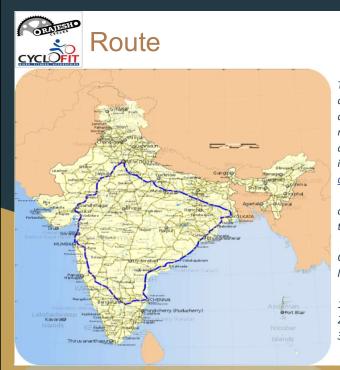




- .. To Promote Tree Plantation.
- 2. Clean India Green India Unite India
- 3. Healthy India Wealthy India
- 4. Beti Bachao Beti Padao
- 5. To Spread Awareness on the Evils of Drug Addiction.
- 6. Promote & Preserve Heritage Sites of India.
- 7. Rotary Connects the World.
- 8. Rotary India Water Mission









The Golden Quadrilateral (GQ) is a national highway network connecting most of the major industrial, agricultural and cultural centers of India. It forms a <u>quadrilateral</u> connecting the four major metro cities of India, viz., <u>Delhi</u> (north), <u>Kolkata</u> (east), <u>Mumbai</u> (west) and <u>Chennai</u> (south). Other cities connected by this network include <u>Ahmedabad</u>, <u>Bengaluru</u>, <u>Balasore</u>, <u>Bhubaneswar</u>, <u>Cuttack</u>, <u>Durg apur</u>, <u>Jaipur</u>, <u>Kanpur</u>, <u>Pune</u>, <u>Surat</u>, <u>Vijayawada</u>, <u>Ajmer</u>, <u>Vizag</u>, <u>Bodhqaya</u>, <u>Varanasi</u>, <u>Agra</u>, <u>Mathura</u>, <u>Dhanbad</u>, <u>Gandhinagar</u>, <u>Udaipur</u>, and <u>Vadodara</u>. The main objective of these super highways is to reduce the distance and time between the four mega cities of India.

Only <u>National Highways</u> are used in the Golden Quadrilateral. The four legs use the following National Highways (new numbering system):

- 1. Delhi–Kolkata: NH 19
- 2. Delhi-Mumbai-Chennai: NH 48
- 3. Kolkata-Chennai: NH 16

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Proposed Cities Covered / Night Stay



REWARI TO MUMBAI (CITIES COVERED) – PHASE 1 – COMPLETED

<mark>REWARI</mark> - <mark>JAIPUR</mark> – DUDU – <mark>KISHANGARH</mark> – AJMER – CHITTAURGARH – <mark>UDAIPUR</mark> – <mark>DUNGARPUR</mark> – <mark>IDAR</mark> - GANDHINAGAR – <mark>AHMEDABAD</mark> – NADIAD – ANAND – <mark>VADODARA</mark> – ANKLESHWAR – BHARUCH – <mark>SURAT</mark> – NAVSARI – <mark>VALSAD</mark> – VAPI – BOISAR - SILVASSA – <mark>MUMBAI</mark>

MUMBAI TO CHENNAI (CITIES COVERED) – PHASE 2 – IN PROGRESS

<mark>MUMBAI</mark> – PANVEL – <mark>PUNE</mark> – <mark>SATARA</mark> – KARAD - SANGLI MIRAJ – <mark>KOLHAPUR</mark> – <mark>BELGAUM</mark> – <mark>HUBLI</mark> – <mark>HAVERI</mark> – RANEBENNUR – DAVANGERE – <mark>CHITRADURGA</mark> – SIRA – <mark>TUMAKURU</mark> – <mark>BENGALURU</mark> – HOSUR – <mark>KRISHNAGIRI</mark> – VANIYAMBADI – AMBUR – PALLIKONDA – <mark>VELLORE</mark> – RANIPET – WALAJAPET – KANCHIPURAM – SRIPERUMBUDUR – <mark>CHENNAI</mark>

CHENNAI TO KOLKATA (CITIES COVERED) - PHASE 3

<mark>CHENNAI</mark> – <mark>GUDUR</mark> - NELLORE – <mark>KAVALI</mark> – <mark>ONGOLE</mark> - <mark>VIJAYAWADA</mark> – ELURU – <mark>RAJAHMUNDRY</mark> – <mark>ANNAVARAM</mark> - <mark>VISAKHAPATNAM</mark> -SRIKAKULAM - BRAHMAPUR – BHUBANESWAR – CUTTACK – DHARMASALA - BALASORE – KHARAGPUR – KOLKATA

KOLKATA - REWARI (CITIES COVERED) - PHASE 4

KOLKATA – BARDHAMAN – <mark>DURGAPUR</mark> – ASANSOL – <mark>DHANBAD</mark> – BAGODAR – ISHRI – BARHI – <mark>CHAUPARAN</mark> – DOBHI – SHERGHATI – <mark>AURANGABAD</mark> – DEHRI – SASARAM – KUDRA – MOHANIA – CHANDAULI – <mark>VARANASI</mark> – <mark>PRAYAGRAJ</mark> - <mark>FATEHPUR</mark> - <mark>KANPUR</mark> ETAWAH – FIROZABAD – <mark>AGRA – MATHURA – PALWAL - FARIDABAD</mark> – <mark>DELHI – GURGAON</mark> - <mark>REWARI</mark>



Expectations From On route Facilitators / Rotary Clubs / Welfare Organizations / Societies



- 1. To organize tree plantation event in their area.
- 2. To organize a motivational talk at any school or an institute.
- 3. To provide letter of arrival to Mahesh for his records.
- 4. To arrange stay for Mahesh either at home or hotel.
- 5. If possible, Arrange home made food to Mahesh to keep his stomach healthy.
- 6. Rotary Clubs can exchange their club flags with Mahesh.
- 7. Arrange local press, media to cover Mahesh's story.
- 8. To let Mahesh start ride everyday by max 07:00 am so that he can cover his planned distance and reach the destination on time.
- 9. To let Mahesh sleep at 09:00 pm max so that he can take ample rest and reenergize himself for next day's ride.

All the events and details of facilitators will be posted by Mahesh everyday on his FB page & Instagram.

Follow & Subscribe below links:-

https://www.instagram.com/p/B860ARjJAsN/?igshid=a4p67w03f4ai https://www.facebook.com/420622298393691/posts/895449910910925/?substory_index=0

> https://www.facebook.com/profile.php?id=100033314478523 https://youtu.be/99cn5FCx03Y

> > @RotaryClubOfRewariMain (fb page)

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Co-Supporters:-



- 1. Miles To Educate, Rewari
- 2. BMG Group of Companies, Rewari
- 3. JTEE Sports, Rewari
- 4. Marwari Jewellers, Rewari
- 5. Balaji Cycles, Chennai
- 6. Rajesh Cycles, Cyclofit Delhi
- 7. Raj Vadgama Sir, Mumbai
- 8. TeamR4, Rewari
- 9. Abhinav Bindra Targeting Performance
- 10. Roaster On Wheels (ROW), Mumbai
- 11. Rajesh Sharma (Business Growth Strategist), Pune
- 12. Sunil Kukde (Avid Cyclist from Pune)





Upcoming Plan – Phase – 1 (Rewari To Mumbai 1505km)

Rotary

Distance Already Covered is Marked in Green.

Club of Rewari Market



- 1. 03/03/20:- Start from Rewari & Stay at Jaipur, RC Jaipur 192km
- 2. 04/03/20:- Lunch at Dudu & Stay at Kishangarh, RC Dudu & RC Kishangarh 104km
- 3. 05/03/20:- Stay at Bhilwara, RC Bhilwara Solitaire 151km
- 4. 06/03/20:- Stay at Udaipur, RC Udaipur 152km
- 5. 07/03/20:- Stay at Dungarpur, RC Dungarpur 105km
- 6. 08/03/20:- Stay at Idar, Gujrat. RC Idar 94km
- 7. 09/03/20:- Stay at Ahmedabad, RC Ahmedabad Majesty 117km
- 8. 10/03/20:- Stay at Vadodara, RC Baroda Cosmopolitan 111km
- 9. 11/03/20:- Stay at Surat, RC Surat 150km
- 10.12/03/20:- Stay at Valsad, RC Valsad 93km
- 11.13/03/20:- Stay at Boisar, RC Boisar Tarapur 118km
- 12.14/03/20:- Stay at Borivili Mumbai, RC Borivili 95km
- 13.15/03/20:- Stay at Mumbai, RC Thane Aces, RC Thane Hills 24km



Schedule is subject to change based on the health of cyclist, weather conditions or due to any unwanted / unplanned reasons.

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Upcoming Plan – Phase – 2 (Mumbai To Chennai 1356km) Rotary Started from 16-March-2020 Club of Reward Main



IN PROGRES

- 16/03/20:- Stay at Pune 140km Arranged by Sh. Rajesh Sharma (Business Growth Strategist)
- 2. 17/03/20:- Stay at Pune (Rest Day) Arranged by Sh. Sunil Kukde (Cyclist)
- 3. 18/03/20:- Stay at Satara, RC Satara Camp 113km
- 4. 19/03/20:- Stay at Kohlapur, RC Kohlapur 122km
- 5. 20/03/20:- Stay at Belgaum, RC Belgaum 113km
- 6. 21/03/20:- Lunch at Hubli, RC Hubli & Stay at Haveri, RC Haveri 178km
- 7. 22/03/20:- Stay at Haveri (Stay inside Home in respect of India PM's Message).
- 8. ------The Project Called Off For the Safety of Mahesh & as per Lockout Guidelines. -------
- 9. 23/03/20:- Stay at Hubli, RC Hubli 80km -Fly back to Delhi on 24/03/20, Mahesh reached home safe on 24/03/2020.
- 10.24/03/20:- Stay at Tumkur, RC Tumkur East 136km
- 11.25/03/20:- Stay at Bangalore, RC Bangalore Kalyan 70km
- 12.26/03/20:- Stay at Krishnagiri, RC Maa-Nagar Krishnagiri 93km
- 13.27/03/20:- Stay at Vellore Rotaract Club of VIT via Ambur (RC Ambur) 121km
- 14.28/03/20:- Stay at Chennai, RC Guindy 137km



Upcoming Plan – Phase – 3 (Chennai - Kolkata 1673km)



- 1. 29/03/20:- Stay at Gudur, RC Gudur 135km Club not yet confirmed
- 2. 30/03/20:- Stay at Kavali (via Nellore), RC Nellore, RC Kavali 98km
- 3. 31/03/20:- Stay at Ongole, RC Ongole Central 70km
- 4. 01/04/20:- Stay at Vijaywada, RC Vijaywada East 150km
- 5. 02/04/20:- Stay at Rajahmundry, RC Rajahmundry 159km Club not yet confirmed
- 6. 03/04/20:- Stay at Annavaram, RC Annavaram, 81km Club not yet confirmed
- 7. 04/04/20:- Stay at Visakhapatnam 109km Club not yet confirmed
- 8. 05/04/20:- Stay at Srikakulam 120km Club not yet confirmed
- 9. 06/04/20:- Stay at Brahmapur 157km Club not yet confirmed
- 10.07/04/20:- Stay at Bhubaneshwar 172km Club not yet confirmed
- 11.08/04/20:- Stay at Balasore 195km Club not yet confirmed
- 12.09/04/20:- Stay at Kharagpur 149km Club not yet confirmed
- 13.10/04/20:- Stay at Kolkata 139km Club not yet confirmed
- 14.11/04/20:- Rest at Kolkata

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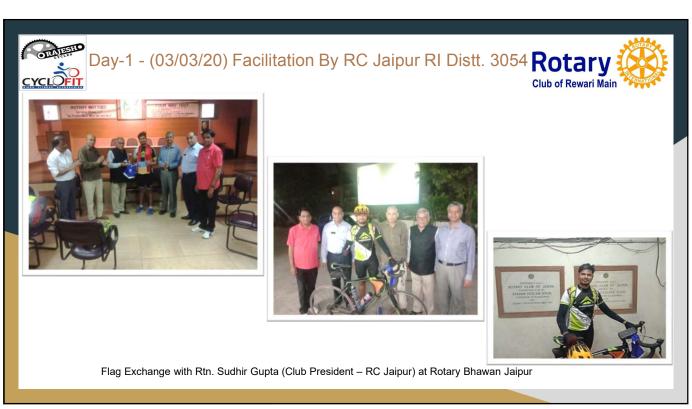
Upcoming Plan – Phase – 4 (Kolkata - Rewari 1600km)



- 1. 12/04/20:- Stay at Durgapur 172km
- 2. 13/04/20:- Stay at Dhanbad 104km
- 3. 14/04/20:- Stay at Chouparan 144km
- 4. 15/04/20:- Stay at Aurangabad 103km
- 5. 16/04/20:- Stay at Varanasi 170km
- 6. 17/04/20:- Stay at Prayagraj 121km
- 7. 18/04/20:- Stay at Fatehpur 124km
- 8. 19/04/20:- Stay at Kanpur 85km
- 9. 20/04/20:- Stay at Etawah 156km
- 10.21/04/20:- Stay at Agra 123km
- 11.22/04/20:- Stay at Mathura 58km
- 12.23/04/20:- Stay at Faridabad via Palwal, RC Faridabad Aastha, RC Palwal Sanskar 87km
- 13.24/04/20:- Stay at New Delhi, RC Delhi South West 50km
- 14.25/04/20:- Back to Rewari via Gurgaon, RC Gurgaon South City, RC Gurgaon Qutub Enclave, & RC Rewari Main 100km

Schedule is subject change based on the health of cyclist, weather conditions or due to any unwanted / unplanned reasons.







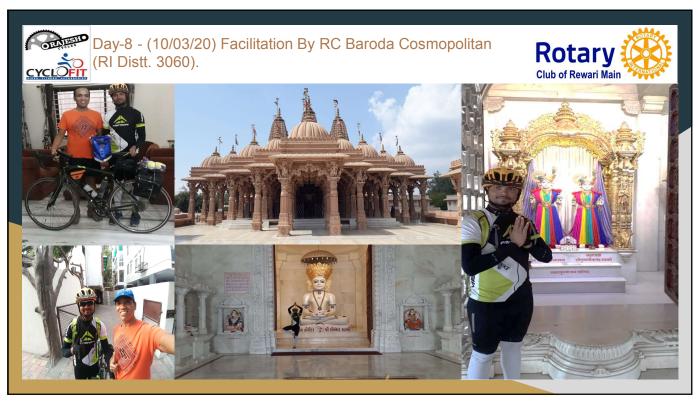












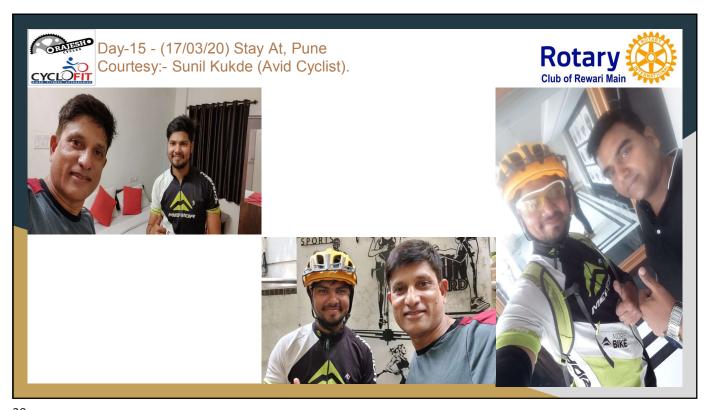










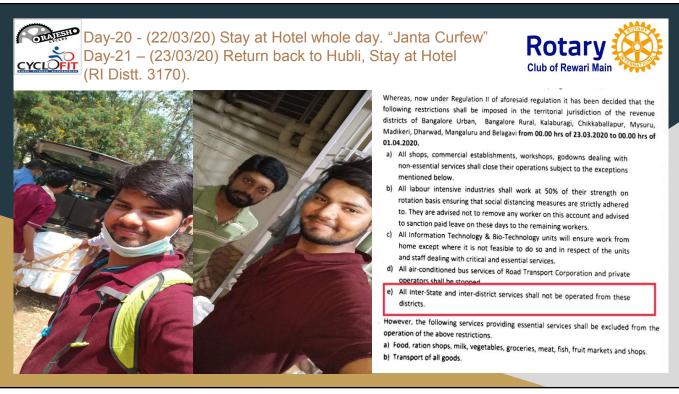




















Total 4 phases of the project.

- 1. Rewari to Mumbai Completed
- 2. Mumbai to Chennai Half Completed
- 3. Chennai to Kolkata Cancelled due to Covid 19
- 4. Kolkata to Rewari Cancelled due to Covid 19

Total 2100 km successfully traveled on cycle by avid cyclist Rtn. Mahesh Kumar.

We after conscious discussion with District Governor Rtn. Suresh Bhasin (Distt 3011), Assistant Governor Rtn. Ravi Gupta (zone 16), Sh. OM Prakash (Mahesh' Father) analyzed the situation & decided to *call off this initiative* for the safety of Mahesh. The decision to suspend this project was hard to take but the safety of the cyclist is prime concern of Rotary.

- 42 Rotary clubs of 17 Rotary Districts of India (Out of 38 Districts) got already associated.
- Approx. 50+ clubs from another 7 Rotary Districts were planned to be associated in Phase 3 & Phase 4.
- We are extremely thankful for all the Rotarians from various associated or to be associated district for this exemplary support to Rtn. Mahesh in this mega initiative.

One of the biggest multi club, multi zonal, multi district 6000 km solo cycling expedition by any club of India done by Rotary Club of Rewari Main Distt 3011.



CHIEF COORDINATORS:-

Om Prakash Singh +91- 9355870920 Mahesh's Father Rtn. Arun Gupta Rtn. Munish Khullar +91-9215224720 +91-9810667799 President President

RC Rewari Main RC Gurgaon South City